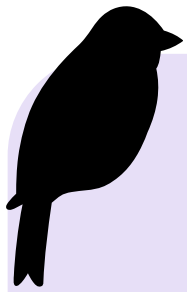


**HAVE YOU HEARD
A LOT ABOUT
BIRDS LATELY?**



Here's why →

There is currently an outbreak of



Avian Influenza "BIRD FLU"

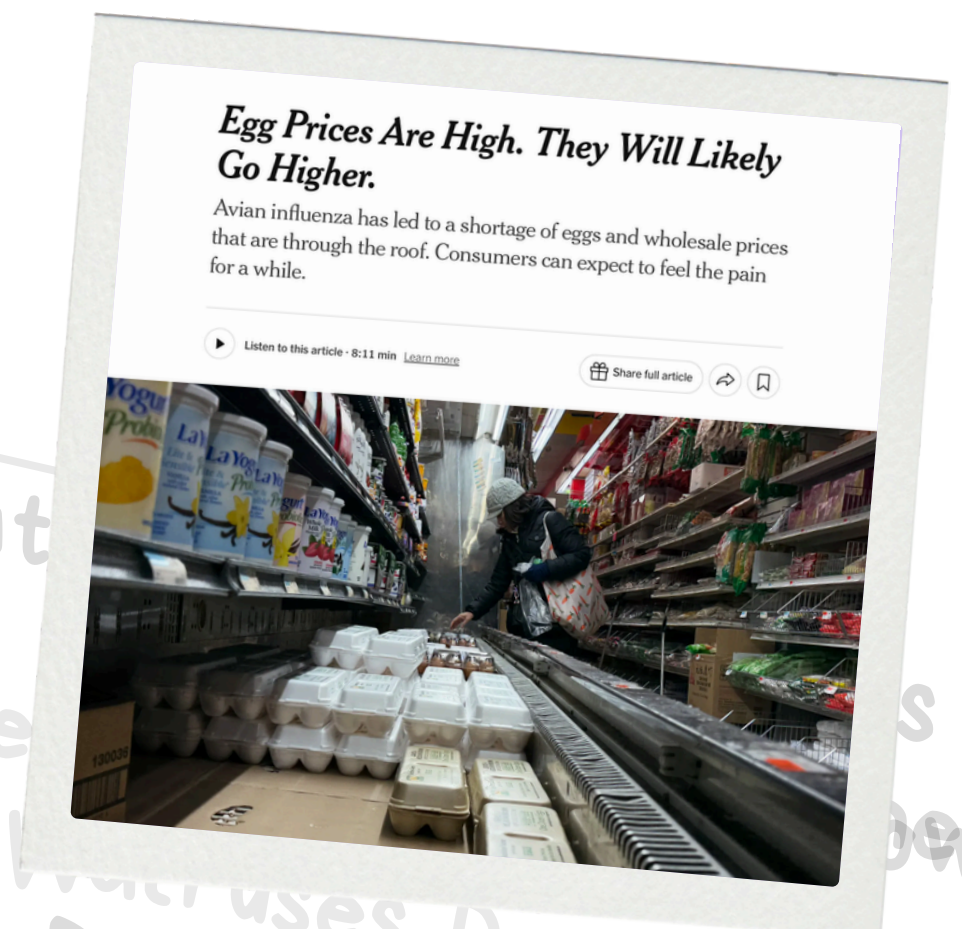
Bird flu (H5N1) is a type of in"flu"enza virus normally carried by birds that can cause severe illness and death.



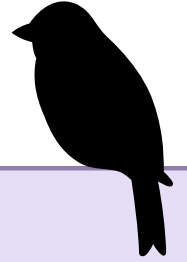
Wherever there are birds,
there could be flu —

& it's not just birds that can catch it.

Many different animals are dying from the virus, especially at **poultry farms** and **zoos**.



HOW CAN WE PROTECT OURSELVES?



ONLY CONSUME FULLY COOKED MEAT AND PASTEURIZED DAIRY PRODUCTS.

KEEP YOUR DISTANCE FROM WILDLIFE.

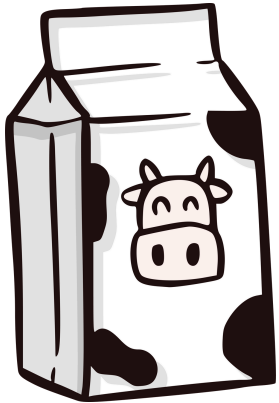
KEEP CATS INSIDE.

PRACTICE PROPER HYGIENE.

SHARE THESE TIPS WITH YOUR LOVED ONES.

REMEMBER, CHANGING RECOMMENDATIONS MEAN WE UNDERSTAND MORE ABOUT THE VIRUS.

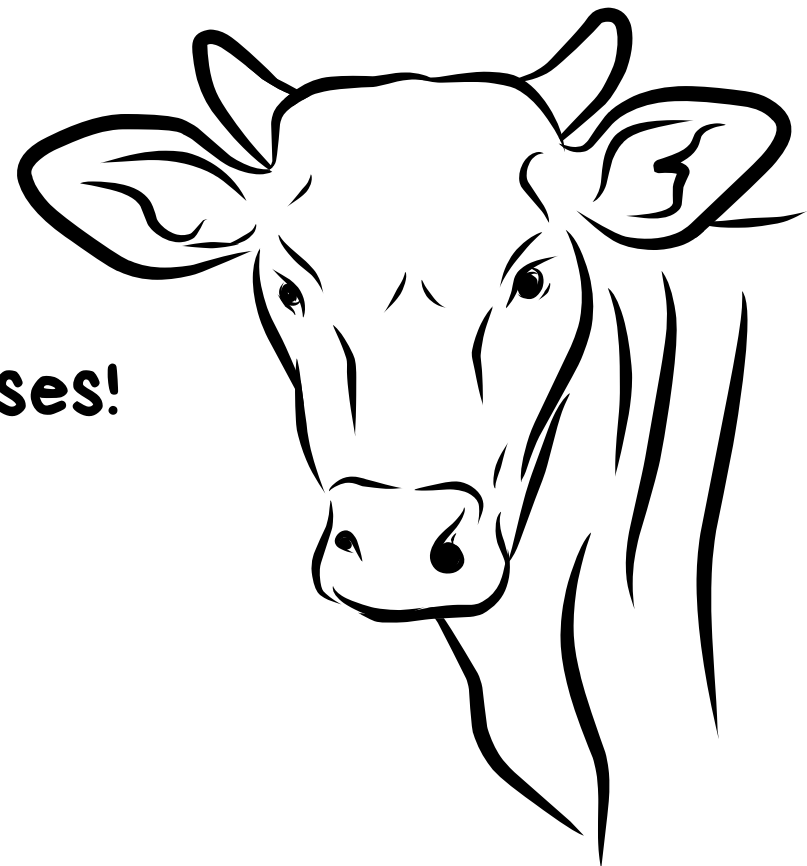
RAW MILK CAN HAVE **BACTERIA** AND **VIRUSES** IN IT.



Sick cows, cow poop, and dirty equipment can cause harmful things to grow.

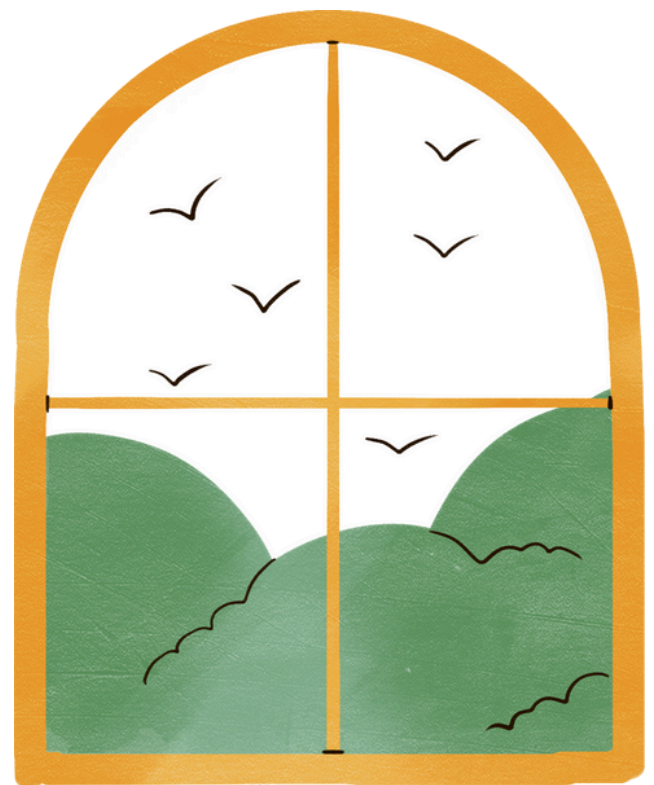
**BOIL YOUR RAW DAIRY
OR STICK TO PASTEURIZED**

Remember: High heat kills viruses!



HAPPY CATS ARE INDOOR CATS!

Outdoor cats are high
risk for catching bird
flu.



There are great resources for
keeping cats happy indoors!
Try be.chewy.com/how-to-keep-indoor-cats-happy_

BEING AWARE AND ADAPTING IS KEY

Stay updated on bird flu news
and recommendations.

Adapt to new information.



Check out the
[CDC Bird Flu Dashboard](https://www.cdc.gov/bird-flu/situation-summary/index.html)

<https://www.cdc.gov/bird-flu/situation-summary/index.html>



**FOR MORE
INFORMATION, TIPS,
AND RESOURCES
CHECK OUT THE NEST.**

thecuckoonest.org

